# **Teaching Remotely K-12 Resources**

### **Scholastics**

https://classroommagazines.scholastic.com/support/learnathome.html

### Zoom

https://www.forbes.com/sites/alexkonrad/2020/03/13/zoom-video-coronavirus-eric-yuan-schools/#3182bb774e71

https://support.zoom.us/hc/en-

us?flash digest=6002e49ab734600139faa9b59464fbe7eb25ebd8

### **Educational Resources**

http://www.amazingeducationalresources.com/

### School Shelf

https://www.schoolshelf.com/middle-school-level/

### **Woodburn Press**

https://www.woodburnpress.com/free-printables.html

# I Ready

https://i-readycentral.com/articles/even-better-iready/

# Schoology

https://www.schoology.com/

## Canvas

https://www.instructure.com/canvas/tools-for-online-learning

## Screencastify

Offering coupons for individual Unlimited accounts. The coupon is CAST\_COVID and then activate license. No credit card is required and a billing date will show up but it should be ignored.

https://www.screencastify.com/

https://help.screencastify.com/collection/128-user-guide

# Jive/GoToConnect

https://www.onjive.com/register

https://support.goto.com/jive?labelid=53d6026b

## Nearpod

https://nearpod.com/blog/resources/

# **Google Training**

https://teachercenter.withgoogle.com/training

# **Google Classroom**

https://classroom.google.com/

https://support.google.com/edu/classroom#topic=6020277

# **Google Meet**

https://support.google.com/a/users/answer/9282720?hl=enhttps://support.google.com/a/users/answer/9282720?hl=en

# **Health & Mental Health Resources**

# **Substance Abuse & Mental Health Services Administration (SAMHSA)**

https://www.samhsa.gov/

https://store.samhsa.gov/system/files/sma14-4885.pdf

# National Association of School Psychologists (NASP)

https://www.nasponline.org/

https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource

# **Centers for Disease Control & Prevention (CDC)**

https://www.cdc.gov/coronavirus/2019-ncov/index.html

https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html

# **Elbert County**

https://www.elbertcounty-co.gov/index.php

https://www.elbertcounty-co.gov/health\_and\_environment.php

# **Tri-County Health Department**

https://www.tchd.org/818/Coronavirus-COVID-19

# **Colorado Department of Public Health & Environment**

https://www.colorado.gov/cdphe

# **Colorado Department of Education (CDE)**

https://www.cde.state.co.us/

https://www.cde.state.co.us/safeschools

# Colorado School Counselor Association (CSCA)

https://www.coloradoschoolcounselor.org/

https://www.schoolcounselor.org/school-counselors/professional-development/learn-more/coronavirus-resources

# American School Counselor Association (ASCA)

https://www.schoolcounselor.org/

# **Additional Resources**

### Internet

http://internetessentils.com/covid19

## Free or Reduced Services

https://www.auntbertha.com/

## **Character Education**

https://charactertree.com/sign-

up/?utm\_campaign=TCT%20Free%20Subscription%20Sign-

<u>Ups&utm\_source=hs\_email&utm\_medium=email&utm\_content=85008347&\_hsenc=p2\_ANqtz-8zdVEklfQjSdbB642pAnS5kLv6ixBdupecdI7epIHgQqgzNiIK785N3fGvyBghzV3-18QqoYYIJ3KVY0UmMTNqCrCbwg&\_hsmi=85008141#join\_</u>

## **Child Care**

https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-schools.html?CDC\_AA\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F20\_19-ncov%2Fspecific-groups%2Fguidance-for-schools.html

# **ASCA**

# **For Counselors**

https://www.schoolcounselor.org/asca/media/asca/PositionStatements/PS Virtual.pdf

https://www.schoolcounselor.org/asca/media/asca/home/EmergencyShutdown.pdf

https://www.schoolcounselor.org/school-counselors/professional-development/learn-more/coronavirus-resources

# **ASCA Update: COVID-19**

(Updated March 17, 2020) — ASCA is closely monitoring the evolving news about COVID-19. This webpage provides updates on how the virus affects ASCA members and the school counseling profession.

# **ASCA Programs, Events and Conferences**

#### **Annual Conference**

At this time, the ASCA Annual Conference will still be held as planned June 27-30 in Seattle. However, if you've already registered and feel unable to travel, full registration refunds may be requested through May 31. The most up-to-date information about the conference can always be found on the <u>conference website</u>.

#### **ASCA Webinars**

All scheduled <u>ASCA webinars</u> will be presented as scheduled. Webinars are always free to members; until May 15, 2020, live webinars are also available free to nonmembers. Past ASCA webinars are available on <u>ASCA On Air</u> and are free to members. A limited number of past webinars are also <u>open to nonmembers</u>. CEU <u>guizzes for webinars</u> from March 15–May 15 are free to both members and nonmembers.

### **ASCA U Specialists**

We understand a lot of professional development events have been canceled, so we wanted to make sure our members, nonmembers and graduate students can get the professional development they need and have requested. Therefore, from March 17– May 15, we're offering our ASCA U Specialist trainings for only \$29 for members (regularly \$99) and \$49 for nonmembers (regularly \$249). No code needed. If you have any issues purchasing or registering for any of these professional development offerings, please contact us.

#### **RAMP**

The deadline for RAMP applications is still Oct. 15, 2020. However, applicants will not be penalized for incomplete applications (results reports, spring advisory council meetings, canceled activities and programs) due to school shutdowns from COVID-19.

# **Virtual School Counseling Resources**

# Planning for Virtual/Distance School Counseling During an Emergency Shutdown

The rapid spread of COVID-19 has forced districts to review and in some cases implement emergency shutdown plans. Plans should outline comprehensive school counseling services that will be provided and address equity and access issues such as ensuring students have access to computers and internet. Download the PDF.

### Webinar on Demand: School Counseling in a Virtual Setting

Explore how various technologies are utilized in virtual school settings to students' academic, career and social/emotional needs and how to implement comprehensive school counseling programs in virtual school settings. Watch the webinar. Open to members and nonmembers.

Position Statement: The School Counselor and Virtual School Counseling

School counselors working in a virtual setting provide a school counseling program through the use of technology and distance counseling with the same standards and adherence to ethics as school counselors working in traditional school settings. Read the full position statement

# "School Counseling Principles: Ethics and Law" - Chapter 3, Cyberspace

This chapter of the "Ethics and Law" publication helps you:

- Discuss the influence technology has on the school counseling profession
- Identify the different aspects of the ASCA National Model related to the use of technology in school counseling
- Understand safety precautions students, school counselors and parents/guardians can take while interacting on social media websites
- Reflect on the consequences of unprofessional behavior on websites Download the chapter for free.

### Magazine Article: It's a Virtual World

School counseling can be delivered effectively in a virtual environment; however, there are legal and ethical issues to consider that don't typically exist in a brick-and-mortar school. Read the article.

### **ASCA Ethical Standards for School Counselors: Virtual Section**

A.15. Virtual/Distance School Counseling

School counselors:

- a. Adhere to the same ethical guidelines in a virtual/distance setting as school counselors in face-to-face settings.
- b. Recognize and acknowledge the challenges and limitations of virtual/distance school counseling.
- c. Implement procedures for students to follow in both emergency and nonemergency situations when the school counselor is not available.
- d. Recognize and mitigate the limitation of virtual/distance school counseling confidentiality, which may include unintended viewers or recipients.
- e. Inform both the student and parent/guardian of the benefits and limitations of virtual/distance counseling. f. Educate students on how to participate in the electronic school counseling relationship to minimize and prevent potential mis- understandings that could occur due to lack of verbal cues and inability to read body language or other visual cues that provide contextual meaning to the school counseling process and school counseling relationship.

# **COVID Resources**

Here are some <u>suggestions and resources</u> to consider as you provide support to your students regarding COVID-19 as well as links to other education-related organizations with valuable information to share.

### COVID-19 Resources

ASCA is working with the Centers for Disease Control on issues related to how schools work with students on issues surrounding COVID-19 and is helping the CDC develop appropriate and effective messages on how to talk to children about coronavirus.

Here are some suggestions and resources to consider as you provide support to your students regarding COVID-19. Before you take any action, consult with your district to discover any guidance or response initiatives it has in place so your actions align with school and district programs. School counselors also should:

- Encourage parents to limit their children's exposure to the media
- Provide a calming influence to students as needed
- Help students address their fears

#### **Centers for Disease Control**

Coronavirus Disease 2019

Interim Guidance for Administrators of US Childcare Programs and K-12 Schools to Plan, Prepare and Respond to Coronavirus Disease 2019

Guidance for School Settings Before and During an Outbreak

### U.S. Department of Education

## <u>COVID-19 Information and Resources for Schools and School Personnnel</u> <u>Protecting Student Privacy</u>

#### **SAMHSA**

Coping with Stress During an Infectious Disease Outbreak

#### **National School Boards Association**

COVID-19: Preparing for Widespread Illness in Your School Community: A Legal Guide for School Leaders

### **National Education Association**

Schools and Coronavirus

### **National Association of School Psychologists**

Talking to Children About COVID-19: A Parent Resource

## The College Board

<u>Updates on SAT testing and other college admissions issues</u>
AP Testing updates

#### **ACT**

Update on ACT testing dates

#### The Common App

Message Regarding the Coronavirus

#### **National Association of College Admission Counselors**

Updates on various dates, exams, etc.

#### **No Kid Hungry**

FAQ about Child Nutrition Program options during school closures

### **Child Mind Institute**

Talking to Kids About the Coronavirus

#### **Center for American Progress**

How K-12 Schools Should Prepare for Coronavirus

## **Share My Lesson**

Coronavirus Student Guide: Explnations and News Updates

## Virtual School Counseling Resources and Ideas

Across social media and in the ASCA SCENE, school counselors have shared a number of resources, creative lesson ideas, recommendations for digital learning tools and more. ASCA has curated some of those ideas here. For links to specific lessons shared by other school counselors, please visit the <u>Virtual School Counseling Lessons and Tools community and library on ASCA SCENE</u>. Please add your own lessons as well. (If you experience difficulty uploading your file, please email <u>Angie Hickman</u>.)

#### **Tech Tools**

- Google is offering free access to <u>G-Suite for Education</u> at no cost through July 1. <u>Learn more</u> about how to use Google to serve students when schools are closed.
- Nearpod provides a platform for live lessons.
- Zoom offers free resources for educators during school closures.
- WebEx offers free access to connect with students and colleagues.

Note: For details about HIPAA and FERPA relative to digital platforms for school counseling, click here.

### **School Counseling Resources and Ideas**

• <u>The Association for Career and Technical Education</u> has compiled a list of resources for distance learning as well as free online courses.

- CASEL has collected a number of resources to assist in addressing students' social and emotional needs.
- <u>Sanford Harmony</u> at National University provides social and emotional learning tools for pre-K–6.
- <u>Common Sense</u> has curated a list of tools to assist children with special needs or learning differences that should be helpful to parents during school closures.
- <u>NEWSELA</u> offers social/emotional learning lessons students can complete remotely.
- <u>BrainPOP</u> provides movies with social/emotional learning components that students can watch and respond to.
- Because kids are participating in more digital learning, offer a refresher on digital safety, cyberbullying, etc.
- <u>The New York Times</u> is offering writing prompts, interactive discussions, documentaries and contests (updated every weekday)
- Now is a great time to check out <u>Google Expeditions</u>, where you'll find virtual field trips and AR experiences.
- Everfi is offering free digital lessons for remote learning.
- The <u>Confident School Counselor</u> provides resources for self-guided learning, webinars and toolkits for a range of topics.
- Centervention's game-based behavior interventions help students practice social and emotional skills.
- <u>The Original Ned Show</u> offers "fun stuff for home," including printables about responsibility, making good choices, etc.
- <u>Seesaw</u> is a remote learning platform, but the home-learning tips for families may be helpful for school counselors to share.
- The Special Olympics <u>GenerationUnified.org</u> has an abundance of video content and amazing stories to help keep you inspired and uplifted.
- Older students may be interested in learning how to journal with Mayo Clinic's Gratitude Challenge.
- Students may want to tour college campuses here and here, since they can't visit in real life.
- <u>Inside SEL</u> links to a number of social/emotional learning resources.
- In terms of free resources for a variety of learning or enrichment needs, note that for younger students, free streaming is available from Pluto TV and Kanopy, the Metropolitan Opera offers free access to nightly streaming and Scholastic Learn at Home is offering 20 days of free access (up to three hours per day). Additionally, ASCA member Holly Altiero has developed a webpage of education companies offering free subscriptions due to school closings.